

MENU – WEEK 3

Week Commencing:.....

DAY	LUNCH		PUDDING	CHEF	SUPPER MAIN	SUPPER SARNIE / SOUP		CHEF
	MAIN	ALTERNATIVE						
Monday	DICED BEEF	HAM, EGG & NEW POTATOES	MERINGUE NESTS & FRUIT		MACARONI BITES			
Tuesday	CHICKEN BREAST	VEGETARIAN LASAGNE	CAKE		FISH GOUJONS			
Wednesday	ROAST GAMMON	OMELETTE	STICKY TOFFEE PUDDING		QUICHE			
Thursday	PIE	MACARONI CHEESE	SEMOLINA & JAM		CRUMPETS			
Friday	FISH & CHIPS	CHICKEN KIEV	VIENNETTA		GALA PIE			
Saturday	SAUSAGES	JACKET POTATO	FRANGIPANE		CHICKEN NUGGETS			
Sunday	ROAST TURKEY	OMELETTE OR JACKET	CHEESECAKE		PLOUGHMANS			